EASY AÇAÍ
BRAZILIAN JUICE BAR

NUTRITIONAL
Information Guide

5th Edition

2026

INDEX

NUTRITIONAL INFORMATION GUIDE

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Nutrition information is rounded in accordance with U.S. FDA regulatory requirements. The weight of the products and calorie count may vary as they are manually weighed. Due to ingredient contact during production, traces of food allergens may occur in products beyond their original composition. Please note that images are for illustrative purposes; actual products may vary.

Cupuaçu Açai and Açai Zero

Açaí

Ingredients: açaí pulp, water, cane sugar, fruit and vegetable juices for color, glucose syrup, guarana extract, stabilizers guar gum, carboxymethylcellulose and xanthan gum, citric acid, emulsifiers salts of fatty acids and mono diglycerides of fatty acids.

VEGAN
GLUTEN-FREE
LACTOSE FREE

ALLERGENS: CONTAINS SOY DERIVATIVES.

Açaí Zero

Ingredients: açaí pulp, water, polydextrose, maltitol, fruit and vegetable juices for color, guarana extract, stevia, stabilizers guar gum and xanthan gum, citric acid, emulsifiers salts of fatty acids and mono diglycerides of fatty acids.

VEGAN
GLUTEN-FREE
LACTOSE FREE

ALLERGENS: CONTAINS SOY DERIVATIVES.

Cupuaçu

Ingredients: cupuaçu pulp, purified water, cane sugar, powdered milk, palm oil, glucose syrup, guar gum, xanthan gum, citric acid, emulsifiers salts of fatty acids, mono and diglycerids of fatty acids, polysorbate, tartrazine, sunset yellow, and artificial flavor.

GLUTEN-FREE

ALLERGENS: CONTAIN LACTOSE. CONTAINS MILK AND SOY DERIVATIVES.

bowls

MENU ITEM	SIZE/WEIGHT/PORTION	TOTAL CALORIES	ALLERGENS	GLUTEN FREE	VEGETARIAN
BOWLS					
Easy Authentic	12oz 16oz 24oz	246 400 584	No	Yes	Yes
Easy Classic	12oz 16oz 24oz	233 375 555	No	Yes	Yes
Easy Exotic	12oz 16oz 24oz	332 516 759	Milk, Soy	Yes	Yes
Easy American	12oz 16oz 24oz	448 620 872	Peanuts	Yes	Yes
Easy Signature	12oz 16oz 24oz	257 422 621	No	Yes	Yes
Easy Brazilian	12oz 16oz 24oz	409 652 803	Milk	Yes	Yes

juices and smoothies

MENU ITEM	SIZE/WEIGHT/PORTION	TOTAL CALORIES	ALLERGENS	GLUTEN FREE	VEGETARIAN
SMOOTHIES					
Authentic Smoothie	16oz 24oz	314 360	–	Yes	Yes
Classic Smoothie	16oz 24oz	279 319	–	Yes	Yes
Exotic Smoothie	16oz 24oz	310 350	Milk, Soy	Yes	Yes
American Smoothie	16oz 24oz	446 486	Peanuts	Yes	Yes
Sunset Smoothie	16oz 24oz	404 465	Milk, Soy	Yes	Yes
Sunshine Smoothie	16oz 24oz	434 537	Milk	Yes	Yes
JUICES					
Easy Graviola	16oz 24oz	152 175	–	Yes	Yes
Easy Refresh	16oz 24oz	224 274	–	Yes	Yes
Easy Paradise	16oz 24oz	228 299	–	Yes	Yes
Easy Sunrise	16oz 24oz	288 366	–	Yes	Yes
Easy Passion	16oz 24oz	110 165	–	Yes	Yes
Easy Immune	16oz 24oz	170 223	–	Yes	Yes

pastries and more

MENU ITEM	SIZE/WEIGHT/PORTION	TOTAL CALORIES	ALLERGENS	GLUTEN FREE	VEGETARIAN
PASTRIES					
Cheese Bread	90g	310	Milk	Yes	Yes
Coxinha	90g	222	Milk, Wheat	No	No
Beef Empanada	99g	260	Wheat	No	No
Cheese Empanada	69g	214	Milk, Wheat	No	Yes
Ham&Cheese Empanada	63g	229	Milk, Wheat	No	No
Spinach&Cheese Empanada	99g	220	Milk, Wheat	No	Yes
Apple Pie Empanada	97g	234	Wheat	No	Yes
CONES					
Açaí	110g	154	Soy	No	Yes
Açaí+Cupuaçu Mix	110g	194	Milk, Soy	No	Yes
Cupuaçu	110g	234	Milk, Soy	No	Yes
MILKS					
Whole milk	240ml	150	Milk, Soy	Yes	Yes
Almond milk	240ml	70	Almond	Yes	Yes
Coconut milk	240ml	45	Tree nuts	Yes	Yes
SEASONAL					
Hot Açaí	8oz	132	–	Yes	Yes

toppings

Strawberry
20g - 6 cal

Banana
20g - 19 cal

Blueberry
20g - 6 cal

Chia seed
20g - 109 cal

Peanut butter crumble
(paçoca)
20g - 94 cal

Shredded coconut
20g - 130 cal

Honey
20g - 60 cal

Condensed milk
20g - 67 cal

Granola
20g - 82 cal

Granola (gluten free)
20g - 80 cal

Calorie count based on 20g serving size per topping; actual calories may vary based on portion sizes and customization. Information sourced from topping supplier labels.

Goji berry
20g - 70 cal

Almond butter
20g - 131 cal

Toasted coconut
20g - 100 cal

Peanut butter
20g - 116 cal

Passion fruit cream
20g - 53 cal

Powdered milk
20g - 100 cal

Nutella®
20g - 108 cal

Pistachio cream
20g - 114 cal

Protein powder
20g - 73 cal

Chia pudding
20g - 30 cal

Calorie count based on 20g serving size per topping; actual calories may vary based on portion sizes and customization. Information sourced from topping supplier labels.

TOPPINGS	PORTION	TOTAL CALORIES	ALLERGENS	GLUTEN FREE	VEGETARIAN
Strawberry	20g	6 cal	–	Yes	Yes
Banana	20g	19 cal	–	Yes	Yes
Blueberry	20g	6 cal	–	Yes	Yes
Chia seed	20g	109 cal	–	Yes	Yes
Shredded coconut	20g	130 cal	Tree nuts	Yes	Yes
Peanut butter crumble	20g	94 cal	Tree nuts	Yes	Yes
Honey	20g	60 cal	–	Yes	Yes
Condensed milk	20g	67 cal	Milk	Yes	Yes
Granola	20g	82 cal	Wheat	No	Yes
Granola gluten free	20g	80 cal	–	Yes	Yes
Goji berry	20g	70 cal	–	Yes	Yes
Almond butter	20g	131 cal	Almond	Yes	Yes
Peanut butter	20g	116 cal	Peanut	Yes	Yes
Toasted coconut	20g	100 cal	Tree nuts	Yes	Yes
Passion fruit cream	20g	53 cal	Milk	Yes	Yes
Powdered milk	20g	100 cal	Milk	Yes	Yes
Nutella®	20g	108 cal	Milk, Soy, Tree nuts	Yes	Yes
Pistachio cream	20g	114 cal	Milk, Tree nuts	Yes	Yes
Protein powder	20g	73 cal	Supplements	Yes	Yes

Calorie count based on 20g serving size per topping; actual calories may vary based on portion sizes and customization. Information sourced from topping supplier labels.

desserts

DESSERTS	PORTION	TOTAL CALORIES	ALLERGENS	GLUTEN FREE	VEGETARIAN
Chocolate Brigadeiro	20g	89 cal	Milk, Soy and may contain Tree nuts	Yes	Yes
Passion Fruit Brigadeiro	20g	168 cal	Milk	Yes	Yes
Cream & Nutella® Brigadeiro	20g	186 cal	Milk, Soy and Tree nuts	Yes	Yes
Coconut Brigadeiro	20g	109 cal	Milk, Tree nuts	Yes	Yes

disclaimer

NUTRITION FACTS DISCLAIMER

A 2,000-calorie daily diet is used as the basis for general nutrition advice; however, individual calorie needs may vary for adults and children as well as for age, gender, and fitness level.

Easy Açaí offers vegetarian menu items, which do not include animal meats, but may include eggs, dairy, honey, and foods with animal by-products. Items listed as “gluten-free” were verified to contain gluten-free ingredients on their label.

The Easy Passion and the Easy Immune juices are crafted with added sugar unless otherwise specified; other juices are naturally sweetened. Please note that due to customization options, precise nutritional information may vary. Calories for our smoothies are calculated based on a water recipe. If milk additions are requested, the calorie count will vary accordingly.

Variations may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion, or the substitution of ingredients or suppliers may be necessary, altering the nutritional values.

NOTICE: we cannot guarantee that any menu item is entirely free from allergens such as gluten, lactose, soy, or others. Our operational procedures involve shared cooking and preparation areas, equipment, and utensils. Ingredients or production methods utilized by our suppliers may change, resulting in potential differences in products. We recommend consulting with a healthcare professional or your physician regarding any food allergies, intolerances, sensitivities, or dietary restrictions.

If you notice missing information, wish to help us enhance our nutrition facts, or have any suggestions to share, please don't hesitate to contact us. We are always striving to improve and provide the best experience possible for our customers.

For any additional information, contact us at **904-834-7142** or email us at **info@easyacai.com**.

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